



SPORTS SCIENCES

SUMMARY SHEETS OF THE DEGREE PROGRAMMES

DiGiES
Department of Law, Economics
and Human Sciences

BACHELOR'S DEGREE COURSE

SPORTS SCIENCE AND SPORTS LAW

Class: L22 R - Exercise and Sports Sciences

Specific educational objectives of the course: The course, in line with the recent reform of the sports system, guarantees students an innovative training course, characterized by clear and original legal and economic connotations, with the aim of offering, alongside those of the L-22 degree class, more attractive employment opportunities, also linked to the new professional figures introduced by the reform of the sports system.

The degree course aims to train graduates with solid scientific and technical knowledge in the different application areas of motor and sports sciences, with particular reference to the disciplinary areas of human movement and sport, managerial, educational and promotion of active lifestyles, as well as with economic and legal knowledge, useful for the management profiles of associations and sports centers.

The course prepares for the profession of (ISTAT coding):

- Tourist entertainers and related professions - (3.4.1.3.0)
- Organisers of sports events and facilities - (3.4.2.5.1)
- Sports Coaches & Technicians - (3.4.2.6.1)

TWO-YEAR MASTER'S DEGREE COURSE

SPORTS SCIENCES AND TECHNIQUES AND PREVENTIVE AND ADAPTED MOTOR ACTIVITIES

Degree Course: Interuniversity with local access planning

Class: LM-67 R - Science and Techniques of Preventive and Adapted Physical Activities

Specific educational objectives of the Course: Graduates must be able to use advanced cultural, methodological and technical-practical tools with particular reference to:

- Design, coordination and technical direction of motor and sports activities conducted at school level aimed at the psychophysical and social development of the young person;
- Promotion of particular activities and lifestyles useful for the prevention of diseases and the improvement of the quality of life of young people, with particular regard to physical activity and nutritional education;
- Design, coordination and technical direction of physical and athletic training activities in various sports and at various levels, at sports associations and clubs, sports promotion bodies, institutions and specialized centers;
- Design, coordination and technical direction of physical and athletic training activities and competitive and recreational-recreational sports activities for young people of school age, with attention to the specificities of gender, age and different abilities.

The course prepares for the profession of (ISTAT coding):

- Instructors of non-competitive sports disciplines - (3.4.2.4.0)
- Organisers of sports events and facilities - (3.4.2.5.1)
- Sports Observers - (3.4.2.5.2)
- Sports Coaches & Technicians - (3.4.2.6.1)



The reference teaching structure at the University of Reggio Calabria for the degree course in Sports Science and Sport Law and for the Master's degree course in Science and Techniques of Sport and Preventive and Adapted Physical Activities is the DiGIES Department.

